



Tenerife

RELEVANT SKILLS

- First Aid & Emergency Care
- Fluency in IT/ENG/SPAN
- Quality Customer Service
- Public Relations
- Public Speaking
- Problem Solving
- Multitasking
- Empathy
- Leadership
- Positivity
- Approachable and Friendly

WORK EXPERIENCE

Personal trainer /Fitness Instructor/Dancer (2022-2024)

Server (2021-2023)

Teacher (2021-2023)

Receptionist (2016-2020)

EDUCATION HISTORY



Hotel management school (Naples) July 2015

Bachelor in Sports Science and Personal Trainer August 2020

CERTIFICATIONS

- Trinity College London
- Event Planning
- Fitness trainer,Zumba fitness,reggaeton fitness,functional training,total body workout,afro style...
- Official Training MOS,MEC training center for IC3 and Microsoft Office Excel..
- Mental Coaching
- Workday system