

# Katerine

STEWARDESS / SPA THERAPIST/MASSEUSE



South Africa



## LANGUAGES

English

Afrikaans

## PERSONAL DETAILS

### Date of birth

24 June 2001

### Nationality

South African

### Visa status

B1- B2 (possible to get Schengen if needed)

## HOBBIES

•Beauty •Wellness •Pilates  
•Socializing With Friends •  
Fashion

## REFERENCES

## SKILLS

Sports Massage, Hollistic ,  
Hot stone

Make-up

Facials/skin analysis

Mani's & Pedi's

Management

Hair removal /waxing

Reflexology/Aromatherapy

Time management

Hospitality/ Service skills

Housekeeping

Table decorations

Wine pairing

Bar service /Mixology

Detailing / Laundry

## RELEVANT INFORMATION

**Vacinated , Non Smoker ,  
No Drama**

## COURSES

### Yachting training

Stewardess and Co  
/ May 2023

### RYA

Power boat level 2  
/ May 2023

### STCW PSSR/PST

May 2023

### PDSD

STCW / May 2023

### Level 2 Food health & Safety

May 2023

### STCW FIRST AID

May 2023

### STCW MARINE FIRE FIGHTING

May 2023

### NMA Medical

May 2023 - May 2025

## ABOUT ME

Aspiring to excel in a Stew/Beautician role, I am eagerly pursuing a dynamic career opportunity that will allow me to not only practice what I am passionate about but will enable me to further my skills within the interior department. I succeed in delivering top-tier services even in fast-paced environments, consistently maintaining a positive and engaging demeanor. With over 3 years of hands-on experience in the beauty industry, my true passion lies in helping individuals look and feel their best, and I am eager to channel this passion into crafting memorable experiences for clients on board. My goal is to leverage my extensive background in the beauty industry to consistently deliver exceptional services, leaving a lasting impression.

## RELEVANT SKILLS

### Spa Environment

- **Massage Techniques:** Proficiency in a variety of massage techniques such as , deep tissue, hot stone, and aromatherapy+reflexology
- **Anatomy and Physiology:** Understanding of the human body's musculature and how to address specific issues through massage.
- **Spa Treatments:** Experience in delivering a range of spa treatments including body scrubs, wraps, waxing and facials.
- **Client Assessment:** The ability to assess clients' needs and customize spa treatments for their relaxation and well-being.
- **Product Knowledge:** In-depth knowledge of skincare and spa products to provide informed recommendations to clients.
- **Hygiene and Sanitation:** Strict adherence to spa hygiene and sanitation protocols.
- **Communication:** Strong communication skills to explain treatments and provide an excellent client experience.
- **Makeup Application:** Proficiency in applying makeup for various occasions, from natural looks to dramatic styles.
- **Haircare:** Proficiency in hair services such as cutting gentleman's hair + women's hairstyling.
- **Nail Care:** Basic manis/pedis + gel overlay
- **Client Interaction:** Strong customer service skills and the ability to make clients feel comfortable.

### Personality Traits

- Empathetic
- Detail-Oriented
- Effective Communicator
- Professional: Maintains a dependable, trustworthy image in appearance and work ethic.
- Adaptable: Customizes services for diverse client preferences, ensuring satisfaction.

## RELEVANT HOSPITALITY SKILLS

### **\*\*Wine Farm Assistant grew up on the farm\*\***

- Leveraged lifelong exposure to the wine farm and guest house, a family-run business, gaining in-depth knowledge of every facet of the hospitality industry.
- Demonstrated expertise in managing table decor, floristry, and wine pairings to enhance guest experiences during events and wine tastings.
- Played an integral role in the upkeep of the wine farm's guest house, delivering exceptional housekeeping services and ensuring the satisfaction of VIP guests.
- Provided comprehensive support for event operations, from table setting and waitering to administrative tasks, contributing to the high service standards of the establishment.
- Collaborated in the planning and coordination of weddings, contributing to the success of these special occasions through a deep understanding of the business.

## WORK EXPERIENCE

### **Spa Manager** / Dec 2023 - Jan 2024

Managed \*new spa\* day-to-day tasks, including stock management, renovations, and mentoring junior beauticians. Making sure everything ran smoothly in the beautiful surroundings of the wine farm.

### **TEMPORARY Position: Stewardess Masseuse/on-shore**

#### **Masseuse Private Owner** / Oct 2023 - Nov 2023

I served as a Masseuse onboard a luxurious 60-meter motor yacht owned by a private individual. This unique role required me to seamlessly transition between on-board and on-shore SPA responsibilities, including providing exceptional services for both the yacht and the owner's exclusive private resort.

**On-Board Service:** As the Masseuse, my primary responsibility was to provide high-quality massage services to the yacht's VIP guests, ensuring their comfort and relaxation, and help the interior crew where I can - mainly with housekeeping.

**Guest Experience:** My commitment to ensuring an impeccable guest experience was unwavering, and I remained adaptable to changing circumstances, ensuring that guests felt pampered and catered to, regardless of the setting.

This role allowed me to blend the art of spa services with maritime hospitality, delivering unforgettable experiences to those on board the yacht and at the owner's prestigious SPA at his private resort.

Adhered to the yacht's schedule, residing onshore at the owner's resort.

### **Beautician trainer, Masseuse, Aesthetician** /

Jan 2023 - Jul 2023

Trained beginner Beauticians , Doctors assistant, Masseuse

### **Reality TV makeup artist** South Africa / Jun 2023 -

Jul 2023

### **Beautician,Reception,Masseu**

**se** / Jun 2022 - Dec 2022

Learned Sports massage techniques and gained a lot of extra skills and practical experience.

### **Make-up Artists/Hairstylist**

Mobile - Myself / South Africa / Jan 2021 - Present

Qualified Bridal Make-up Artists/Hairstylist

### **2000 practical hours Internship in Spa environment while studying** / Jan 2020 - Dec 2021

Hospitality

I Grew up on a wine farm with a guest house + wedding Venue that my family owns, growing up I helped where I can so I have a lot of practical knowledge in the hospitality industry. Summer Jobs throughout my life consisted of working on the Farm, around the Manor House and Function Venue these duties included: waitering, serving wine, table decorating, admin, social media, managing the events

## EDUCATION

### **Higher National Certificate** / 2023

Mesotherapy, Chemical peels, Advanced skin analysis, Microneedling, Fibroblast pen

### **Higher National Diploma**

Makeup school / 2022

Make-up/hairstyling course

### **Higher National Diploma** Academy /

Stellenbosch / 2022

2 years Beauty Therapy

### **Massage Course** / 2 months ACADEMY /

2021

Deep tissue massage, reflexology, aromatherapy , Swedish massage, anatomy, physiology and medical terminology and Sports massage