



# Lily R

Stew/Masseuse/Yoga Instructor/Nail technician

## Contact



Miami - Florida

## Profile

Ecuadorian/Spanish  
DOB: 20/12/1988  
Visa B1/B2 visa expiring 2034  
Driving license  
No Tattoos  
Non-smoker

## Qualifications

- SID Card
- STCW exp: 06/2026
- ENG1 exp: 10/2025
- Level 2 Food Hygiene
- Cyber security course
- Designated security duties for seafarers
- Yoga & Meditation Instructor
- Aromatherapy Massage
- Holistic Facial Treatment
- Semipermanent Nails
- Marketing & Events
- Management - London Metropolitan University

## OBJECTIVE

I am currently seeking a permanent or temporary position aboard a vessel where I can further develop my skills and make a positive contribution to the team. With a solid background in hospitality from working in five-star hotels, I have developed strong expertise in guest service. My experience aboard various types of vessels has also provided me with in-depth knowledge of logistics, organization, housekeeping, and overall operational management. In addition, I bring diverse skills as a certified yoga instructor, professional relaxing massage therapist and semi-permanent nail technician. These complementary skills allow me to offer a holistic approach to guest care and well-being, enhancing the overall guest experience and adding value to the team.

## EXPERIENCE

**M/Y | 27m | Temp.Sole Stewardess  
Private | Charter | Bahamas - 12/2024 - 02/2024**

**M/Y | 32m | Chief Stewardess  
Dominican Republic - 07/2024 - 12/2024**

- Caribbean itinerary, private/charter.
- Guest service, meals, barista and bartending.
- Aromatherapy massages
- Semipermanent nails treatment
- Housekeeping, cabin service, interior detailing.
- Assisting galley with guest and crew meals.
- Provisions and Inventories.

**M/Y | 80m | Temporary Stewardess | Private | Dubai -  
02/2024 - 05/2024**

- Guest service, barista and bartending.
- Housekeeping - 8 cabins, Interior detailing and crew mess area.
- Yoga sessions for the crew and guests.
- Provisions, Inventories and events planning.
- Decorate and table set up.
- Assisting Chef with guest and crew meals.

## Skills

- Guest Service
- Nanny
- Barista
- Wine Knowledge
- Classic Bartending
- Cocktails
- Events Planning
- Detail-Oriented & Organized
- Wardrobe Management
- Flower arrangement.
- Teamwork
- Multitasking
- Culinary Knowledge
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## Languages

- Bilingual (Spanish/English)
- Italian - Intermediate

## References

## Hobbies

- Gym
- Yoga
- Team Sports
- Reading
- Traveling
- Singing

### **I Barcelona, Spain Yoga & Meditation**

**Instructor | 02/23 – 12/23**

- Designed and taught customized yoga sequences tailored to individual needs and goals.
- Guided students on breathing techniques and meditation practices to enhance overall wellness.
- Helped students build physical strength, flexibility, and balance through targeted yoga sessions.
- Led meditation sessions for both individuals and groups, focusing on mindfulness and relaxation.
- Provided insights on stress reduction and emotional well-being, promoting a holistic approach to health.

### **M/Y| 28 m | Sole Stewardess | Charter |**

**Mediterranean 06/ 2021 – 11 /2022**

- Guest Service: Including barista and bartending duties.
- Housekeeping: 4 cabins, interior detailing, and managing the crew mess area.
- Provisions & Inventory Management
- Table Setting & Decoration
- Culinary Assistance: Supporting the Chef with meal preparation for both guests and crew.

## **LAND BASED EXPERIENCE**

### **Hotel, - Barcelona F&B Supervisor | 05/2018 –**

**02/2021**

- Greeted guests and ensured a positive first impression.
- Managed reservations and seating arrangements, optimizing guest flow.
- Coordinated with restaurant staff to ensure smooth daily operations.
- Worked directly with the Director of F&B to align with operational goals.
- Trained junior staff on procedures and customer service standards.
- Supervised customer experience, handling feedback and ensuring satisfaction.
- Provided barista services and demonstrated knowledge of classic cocktails.
- Supported waitstaff in delivering efficient and attentive service.