



RELEVANT SKILLS

- First Aid & Emergency Care
- Fluency in IT/ENG/SPAN
- Quality Customer Service
- Public Relations
- Public Speaking
- Problem Solving
- Multitasking
- Empathy
- Leadership
- Positivity
- Approachable and Friendly

WORK EXPERIENCE

Personal trainer /Fitness Instructor/Dancer (2022-2024) •FitExpress •

Server in (2021-2023)

Teacher (2021-2023) •

Receptionist (2016-2020)

EDUCATION HISTORY



Hotel management school (Naples) **July 2015**

Bachelor in Sports Science and Personal Trainer August 2020 Naples ISSA School

CERTIFICATIONS

- Trinity College London
- Event Planning
- Fitness trainer, Zumba fitness, reggaeton

fitness, functional training, total body

workout, afro style...

- Official Training MOS, MEC training center for IC3 and Microsoft Office Excel..
- Mental Coaching
- Workday system